



Dr Victoria Galbraith

Media Kit

PSYCHOLOGIST, ENTREPRENEUR
SELF-HELP BLOGGER, AUTHOR & CREATOR

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About



DR VICTORIA GALBRAITH

Dr. Victoria is a Psychologist with a passion for kindness. She provides therapy online, via instant chat and email. Dr. Victoria also facilitates online mindfulness groups and creates various psychology based art, workbooks and gifts in her online shop. She loves to travel and, a few years ago, set up a side project named Seacotherapy, to integrate the coast with her therapeutic work.



METRICS & ANALYTICS

- Instagram: 5.9K Followers
- Twitter: 3.3K Followers
- Facebook: 487 Followers
- Pinterest: 62.1K

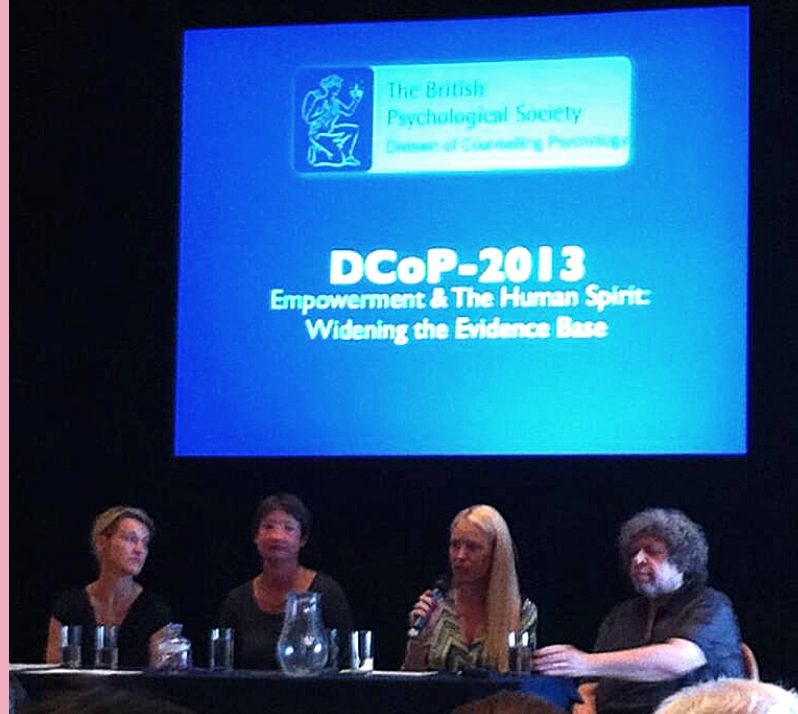
- Reach: 16.5K

DELIVERABLES

- Dedicated blog post
- Dedicated instagram post
- Dedicated instagram story series (2-3 frames) with link to direct shopping link
- Dedicated Facebook post
- Freelance writing
- Brand ambassadorship
- Representation at events

*Rate card available upon request.

Books & Speaking Gigs



BOOKS

Dr. Victoria Galbraith is an author and editor of a variety of books and journals, including the Handbook of Counselling Psychology & Topics in Applied Psychology: Counselling Psychology. She is Registrar for the BPS Qualification in Counselling Psychology and former Programme Director for a University Doctorate in Counselling Psychology.

SPEAKING GIGS

Dr. Victoria Galbraith is a trainer and mindfulness facilitator. She regularly presents at academic conferences and was invited to deliver the keynote public address at the British Psychological Society's Division of Counselling Psychology conference.



Resources



CHOOSE KIND

WEBSITES

www.dratoriagalbraith.co.uk

www.seacotherapy.co.uk

SOCIAL MEDIA RESOURCES

 @dratoriagalbraith

 @DrVictoriaG

 @dratoriagalbraith

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